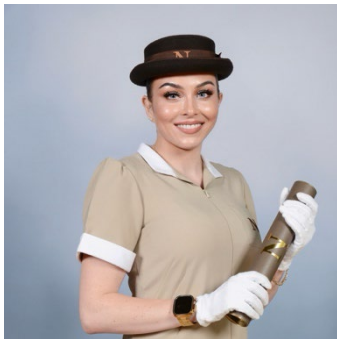
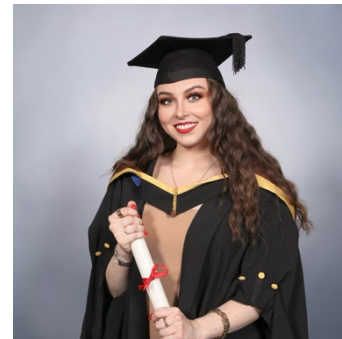




JESSICA

THE NORLAND NANNY

www.thenorlandnanny.com | jessica@thenorlandnanny.com



PROFESSIONAL PROFILE

Highly experienced Norland Nanny with over 12 years of professional childcare experience across the UK and internationally. Norland Degree - BA (Hons) in Early Childhood and Norland Diploma qualified, with experience spanning newborns through adolescence, twins and sibling groups, neurodiversity including ASD and ADHD, and complex family transitions. My career includes 24-hour rota, daily and residential nannying, sole and shared care, proxy parenting, international travel and relocation within private, VIP, UHNW, high-profile and titled households. Calm, discreet and highly adaptable, I am equally confident working autonomously in an informal family home or collaboratively within a fully staffed, multidisciplinary household. My practice is grounded in Norland's child-centred, developmentally informed approach, combining warmth and emotional attunement with clear boundaries, sound professional judgement and consistently high standards of care.

CORE EXPERTISE

Norland-trained childcare • Newborn & infant care • Twins & sibling groups • SEN & neurodiversity • ASD & ADHD • Emotion Coaching • Positive behaviour support • Sole & shared care • Proxy parenting • 24-hour rota care • International travel & relocation • Bereavement support • VIP/UHNW households • High-profile & titled families • Fully staffed & unstaffed households • Weaning & nutrition • Sleep routines • Nursery & school transitions • Developmentally informed practice • Discretion & confidentiality

PROFESSIONAL TRAINING

CHILD SAFETY & PROTECTION | Full Paediatric First Aid • Anaphylaxis Management • Safeguarding • Fire Safety in the Home • Water Safety • Car Seat Training • Prevent Training • Female Genital Mutilation Awareness

CHILD DEVELOPMENT & ADDITIONAL NEEDS | Understanding Autism: Practical Strategies to Help Children Thrive • Nourishing the Neurodivergent Mind • Makaton & Sign • Behaviour Management • Emotion Coaching

INFANT CARE, NUTRITION & ROUTINES | Sleep Training • Baby Massage • Norland Food & Nutrition: Cookery, Weaning & Family Meal Planning • Food Hygiene Level 2

NORLAND PRACTICAL & HOUSEHOLD TRAINING | Debrett's Etiquette Training • Norland Practical Sewing: Machine & Hand Sewing • Norland Practical Care Skills & Employment Preparation • Forest School Experience

SECURITY, DRIVING & PERSONAL SAFETY | Security & Cyber Security Training • Skid Pan Driving / Driving in Arduous Conditions • Self-Defence & Personal Safety Training

PROFESSIONAL EXPERIENCE

ROTA NANNY | UHNW PRIVATE HOUSEHOLD

London & Monaco

Provided 24-hour rota care for three children across the family's London and Monaco residences within a fully staffed UHNW household. Managed individual routines, schedules, activities and outings while maintaining consistent expectations, boundaries and structure across each rotation. Coordinated closely with fellow nannies, household management, private assistants, drivers and other staff to ensure seamless continuity of care. Prepared for travel and transitions between residences and completed detailed handovers between rotations. Operated with a high degree of discretion, initiative and professional judgement while adapting confidently to changing schedules, environments and household requirements.

ROTA NANNY | UHNW / HIGH-PROFILE FAMILY

London & International

Provided full day-to-day care for a young child within a UHNW/high-profile household on a 14-day, 24-hour rota. Took responsibility for routines, meals, activities, outings and scheduling, creating a warm and responsive environment that supported emotional security, development and emerging independence. Accompanied the family on extensive international travel, maintaining familiar routines across changing countries, accommodation and schedules. Supported preparations for the family's relocation to the United States, providing continuity during a significant transition. Worked closely with parents and the wider household team with discretion, adaptability and sound professional judgement.

ROTA NANNY | UHNW PRIVATE FAMILY

Paris

Provided predominantly sole-charge 24-hour rota care for a baby and toddler within a fully staffed UHNW household on 14-day rotations. Managed meals, sleep, activities, outings and complete daily routines while responding sensitively to the children's differing developmental stages and individual needs. Supported secure relationships, emerging independence and learning through play and everyday experiences. Worked collaboratively with hands-on parents and household professionals, maintaining consistency of care while exercising strong observation, initiative, discretion and adaptability.

PROXY PARENTING NANNY | PRIVATE FAMILY

London

Entrusted with proxy-parenting responsibility during a particularly sensitive period of family bereavement. Independently managed the children's practical and emotional needs, maintaining established routines, commitments and home life to provide familiarity, reassurance and stability. Offered a calm, compassionate and emotionally available presence while preserving appropriate boundaries and predictability. Exercised sound professional judgement throughout and maintained complete discretion, confidentiality and sensitivity to the family's circumstances.

OVERSEAS NANNY | UHNW / HIGH-PROFILE FAMILY

Monaco

Cared for three children aged 8, 9 and 12 within a fully staffed UHNW/high-profile household following the family's relocation from New York to Monaco. Supported their adjustment to a new country, home and routine, providing consistency and reassurance throughout the transition. Helped the youngest child prepare to become an older sibling and supported periods of challenging behaviour and emotional dysregulation using Emotion Coaching principles, empathetic communication and clear, predictable boundaries. Worked collaboratively with the wider household team, adapting professionally to the requirements of a fully staffed private home.

DAILY NANNY | PRIVATE FAMILY

London

Initially appointed to care for a nine-month-old baby and subsequently supported the family through the arrival of a newborn sibling. Provided warm, responsive care as the children's needs evolved, managing routines, preparing nutritious meals and planning enriching activities and outings. Supported the older child through becoming a sibling and later preparing to begin nursery, drawing on my Early Years training to encourage emotional security, confidence and age-appropriate independence.

NANNY | UHNW PRIVATE FAMILY & TITLED HOUSEHOLD

Monkton Combe

Provided individualised care for two boys aged 8 and 10 within the UHNW household of a Lord and Lady; the eldest had severe ASD and his younger sibling ADHD. Tailored routines, activities, communication and behaviour support to each child's developmental and emotional needs, prioritising predictability, positive relationships and clear expectations. Worked alongside ASD specialists to maintain a consistent, joined-up approach between caregivers, parents and professionals. Responsibilities also included driving to extracurricular commitments and administering and accurately recording prescribed medication.

PROXY PARENTING NANNY | PRIVATE FAMILY

Bath

Assumed full proxy-parenting responsibility for two children aged 4 and 10 for two weeks while their parents travelled internationally. Independently managed morning and bedtime routines, meals, school preparation and runs, homework and extracurricular commitments while maintaining the children's established expectations and home life. Balanced their differing practical, developmental and emotional needs and provided a consistent, reassuring presence throughout their parents' absence.

DAILY NANNY | PRIVATE FAMILY

Farnham Common

Provided dependable daily care for three children aged 6, 9 and 11, managing school runs, extracurricular commitments including ballet, music and swimming, evening meals, and bath and bedtime

routines. Maintained a warm, organised home environment with clear boundaries while encouraging age-appropriate independence and responsibility.

DAILY NANNY | PRIVATE FAMILY

Bisham

Provided consistent daily care for two children aged 8 and 10, managing morning routines, breakfast and school-lunch preparation, school runs, homework supervision and evening meals. Supported age-appropriate independence, organisation and responsibility while maintaining warm, clear and consistent boundaries.

EARLY YEARS PRACTITIONER

Marlow

Cared for children from approximately eight weeks to five years across baby, toddler and preschool rooms, establishing the Early Years foundation of my professional practice. Worked within a key-person system, supporting personal care, feeding, play, social interaction, learning and development in line with individual developmental stages. Built secure relationships with children and maintained consistent communication with families, developing the observational and responsive-care skills that continue to underpin my nanny practice.

EDUCATION & QUALIFICATIONS

NORLAND UNIVERSITY OF EARLY CHILDHOOD

Norland Degree – BA (Hons) in Early Childhood
Norland Diploma

THE HENLEY COLLEGE

BTEC Level 3 National Diploma in Children's Play, Learning and Development (Early Years Educator)
Distinction, Distinction, Merit

AMERSHAM & WYCOMBE COLLEGE

VTCT Level 2 Hair & Media Makeup

THE BEACONSFIELD SCHOOL

9 A*-C GCSEs including Mathematics and English

Full UK Driving Licence

INTERNATIONAL TRAVEL & RELOCATION

Extensive international travel experience across private family residences and holiday accommodation, confidently adapting routines, activities and practical arrangements around changing countries, time zones and schedules. Experienced in preparing for travel and transitions between residences, maintaining continuity of care and supporting children through international relocation while preserving familiar routines, emotional security and a consistent point of support.

PERSONAL INTERESTS

Outside of work, I value spending time with family and friends, travelling and maintaining an active lifestyle. I particularly enjoy spending time outdoors and walking my dog, as well as reformer Pilates and the gym. These interests complement my naturally energetic approach to childcare and my enjoyment of creating active, engaging experiences for children.

REFERENCES

Professional and character references are available to prospective employers and agencies upon request. Further details regarding confidential appointments can be provided where appropriate.

Discretion, confidentiality and respect for family privacy are fundamental to my professional practice.

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